**Skiing Pathways after High School**

| **Type of Competition:** | **http://ts2.mm.bing.net/images/thumbnail.aspx?q=981478214969&id=67c5e3e3c4541a53af78d91784d62814&url=http%3a%2f%2fwww.skibumnews.com%2fLogo.JPG USST****www.ussa.org** | **http://ts1.mm.bing.net/images/thumbnail.aspx?q=1004331008648&id=c8d92c172677982948015ddbf545f93b&url=http%3a%2f%2fpadresteve.files.wordpress.com%2f2010%2f03%2fncaa-logo.gif NCAA****www.ncaa.org** |  **USCSA (Varsity)****www.uscsa.com** |  **USCSA (Club)****www.uscsa.com** |
| --- | --- | --- | --- | --- |
| **Scope** | Highest level of competition: FIS elite, NorAm, Europa Cup, World Cup, Olympics | FIS racing at elite level against NCAA ski teams (Div I, II, III all compete in same race series; 2 regions: East and West). Schedule includes regular season races, regionals and Nationals.  | FIS, USSA and non-USSA racing during regular season against college Varsity and Club teams. Schedule includes regular season races, regionals and Nationals.  | USSA and non-USSA racing during regular season against college Varsity and Club teams. Schedule includes regular season races, regionals and Nationals.  |
| **Expectation** | Highest competitive level. Must qualify to meet team criteria and must produce to stay on team or be selected for key competitions (i.e. Europa Cup, World Juniors, US Nationals). | Highly competitive level; many team members are former USST or foreign national racers; recruit 1-2 new racers per gender per year with varsity rosters of about 8 athletes per gender. | Competitive but inclusive; varsity rosters average about 7 athletes per gender; JV may also compete throughout the competition season. 2-5 teams from each region and 1 outstanding individual per gender qualify for Nationals. | Competitive but inclusive; team size varies by school and club budget. All athletes are eligible to compete throughout the competition season. 2-5 teams from each region and 1 outstanding individual per gender qualify for Nationals. |
| **Typical FIS/USSA (Alpine) Points** | Generally 20 or below FIS points in multiple events but eligibility is based on USST criteria involving rankings, performance at National races. | Div I: 25-100 FIS points in 1 event; 30-50+ points in other; Div II/III: 30-40 points in 1 event; 50-60+ points in other | 30-150 points in both events. Check team rosters and results as competitive level varies from school to school and from year to year. | Rosters may vary to include athletes from elite to entry level experience. Check team rosters and results as competitive level varies from school to school and from year to year. |
| **Cost/Fees/Aid** | Varies based on A, B, C or Development team from fully funded to varying levels of athlete support. | School funded, some athletic scholarships available (for DI, DII non-Ivy schools) | School funded w/ possible outside sponsors. Equipment usually paid by athlete. Some athletic scholarships and academic scholarships available.  | Club dues and some race fee support depending on the school’s arrangement w/ team. Equipment paid by athlete. Some academic scholarships available. |
| **Training/Racing** | Most of year | Fall dryland, race season; optional summer training | Fall dryland, race season; optional summer training | Optional fall dryland; race season |
| **Race Season** | Most of year | Late Nov. – April | Late Nov. – April | Jan. - March |
| **Race Venues** | Europe, North & South America, Australia/NZ | U.S. | U.S. | U.S. |
| **Disciplines** | Alpine: DH, SG, SC, GS,SLXC: Classic, Freestyle, Jumping: all NC: allFreeskiing: Halfpipe, SkierX, SlopestyleFreestyle: allSnowboard: all | Alpine: SL, GSXC: Classic, FreestyleJumping: n/aNC: n/aFreeskiing: n/aFreestyle: n/aSnowboard: n/a | Alpine: SL, GS, Parallel SLXC: Classic, FreestyleJumping: Large & small hillsNC: n/aFreeskiing: Halfpipe, SkierX, Slopestyle, RailjamFreestyle: n/aSnowboard: all | Alpine: SL, GS, Parallel SLXC: Classic, FreestyleJumping: Large & small hillsNC: n/aFreeskiing: Halfpipe, SkierX, Slopestyle, RailjamFreestyle: n/aSnowboard: all |
| **Championships** | World Cup, NorAm, US Nationals, Olympics | NCAA NationalsNOR AM finalsUS Alpine National Champs. | USCSA Nationals Individual may qualify for NCAA Nationals through regional competition | USCSA Nationals  |
| **Average Athlete** | 15 yrs. to 30+ years old | 18+ and older athletes; May PG 0-5 yrs. before college | Mostly 18+ | Mostly 18+ |
| **# Competitors-Season (Indiv/Teams)** | Varies based on criteria; usually 1-8 athletes per team (A,B,C and Development) | 2 Regions: 13 teams: East 6 teams: West | Over 175 teams compete in USCSA; 11 conferences, 6 regions.  | Over 175 teams compete in USCSA; 11 conferences, 6 regions.  |
| **# Competitors-Championships (Indiv/Teams)** | Varies based on meeting qualifications or national rankings | 35 m, 35 w(max of 3 athletes per gender per team who qualify) | Over 200+ Alpine compete at Nationals (max of 5 athletes per gender per team who qualify and top 3 results scored for team) | Over 200+ Alpine compete at Nationals (max of 5 athletes per gender per team who qualify and top 3 results scored for team) |
| **Coaching** | Paid coaching staff | Paid coaching staff | Paid coaching staff | Varies club by club: Volunteer or paid coach, student coach(s) or self-coached |
| **Website for more info:** | <http://www.usskiteam.com/> | <http://www.ncaa.com/sports/skiing/D1> | [www.uscsa.com](http://www.uscsa.com) | [www.uscsa.com](http://www.uscsa.com) |
| **When/How to contact:** | Review USSA guidelines for USST eligibility and contact regional USSA representatives for more information. Attend elite races and national and regional development system programs. | Email or call coach to arrange visit or learn more about team. Follow NCAA guidelines for eligibility, etc. on NCAA Clearing House. <http://web1.ncaa.org/ECWR2/NCAA_EMS/NCAA.html> | Email or call coach to arrange visit or learn more about team; adhere to NCAA Clearing House Guidelines if D-I school. <http://web1.ncaa.org/ECWR2/NCAA_EMS/NCAA.html>Attend Fall USCSA College Fair.USCSA email: laurasullivan@uscsa.com | Email or call coach or student president of ski club for more information or “club sports” office at college/university. Attend Fall USCSA College Fair. USCSA email: laurasullivan@uscsa.com |

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